

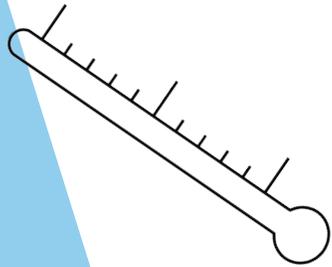
JACKY ROSEN

U.S. Senator *for* Nevada

COVID-19

Help prevent the spread of respiratory diseases like COVID-19.

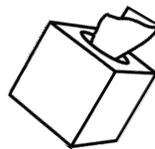
Avoid close contact with people who are sick.



Stay home when you are sick, except to get medical care.



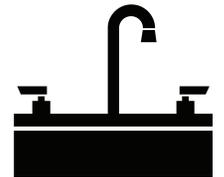
Cover your cough or sneeze with your elbow or a tissue, then throw the tissue in the trash.



Clean and disinfect frequently touched objects and surfaces.



Wash your hands often with soap and water for at least 20 seconds.



***For more information, visit:
rosen.senate.gov/coronavirus***

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SYMPTOMS OF COVID-19

Patients with COVID-19 have experienced mild to severe respiratory illness.

Symptoms* can include

FEVER

**SHORTNESS
OF BREATH**

COUGH

Seek medical advice over the phone if you develop symptoms, and have been in close contact with a person known to have COVID-19 or if you live in or have recently been in an area with ongoing spread of COVID-19. If you have mild to moderate symptoms stay at home until you are advised otherwise by a health provider.

****Symptoms may appear 2-14 days after exposure.***

***For more information, visit:
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STEPS TO HELP PREVENT THE SPREAD OF COVID-19

FOLLOW THE STEPS BELOW: If you are sick with COVID-19 or think you might have it, follow the steps below to help protect other people in your home and community.



Stay home except to get medical care.



Avoid sharing personal household items.



Separate yourself from other people in your home, this is known as home isolation.



Cover your coughs and sneezes.



Wear a facemask if you are sick.



Call ahead before visiting your doctor.



Frequently wash your hands.



Monitor your symptoms.



The decision to stop home isolation should be made in consultation with your healthcare provider and state and local health departments. Local decisions depend on local circumstances.



Clean all frequently touched surfaces everyday.